Over the past year, children, families, communities, and educators alike have been grappling with the emotional impact of the global pandemic — one that has had a disproportionate toll on low-income communities and communities of color. The need for social-emotional learning has never been higher, and this one-pager offers resources for families hoping to implement strategies at home.

1. **CASEL Parent SEL Resources**
   - [casel.org/parent-resources/](casel.org/parent-resources/)
   - A curated list of resources selected by CASEL staff that focus on the role of parents and parenting in social and emotional learning (SEL)

2. **Edutopia's Parent's Resource Guide to SEL**
   - [edutopia.org/sel-parents-resources](edutopia.org/sel-parents-resources)
   - A curated list of articles and videos for parents

3. **UIC's Parent Resources**
   - [sel.lab.uic.edu/parent-resources/](sel.lab.uic.edu/parent-resources/)
   - A thoughtfully curated list of resources that might assist parents in learning more about social and emotional learning in schools or in their own parenting practices with their children

4. **The Parent Academy**
   - [parentacademymiami.com/virtual-campus/](parentacademymiami.com/virtual-campus/)
   - A Virtual Campus of resources on many aspects of student support, including social emotional development

5. **Turnaround for Children**
   - A checklist intended to support families in the planning of household and remote schooling routines

6. **Playworks Play at Home**
   - Play-at-home games for children that can be led by families, caring adults, and peers

7. **Emotions at Home**
   - [www.marcbrackett.com/emotions-at-home-how-do-we-want-to-feel/](www.marcbrackett.com/emotions-at-home-how-do-we-want-to-feel/)
   - This article provides instructions on how to create a written document, Family Charter, that details how everybody in your home wants to feel

8. **Enhancing & Practicing Executive Function Skills**
   - This 16-page guide describes a variety of activities and games that represent age-appropriate ways for adults to support and strengthen various components of executive function and self-regulation in children

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Rennie Center Resources

- [renniecenter.org/research/back-school-blueprint](renniecenter.org/research/back-school-blueprint)
  - An interactive series of research-based, online action guides to help schools support students this school year, including a family guide to remote learning

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